

Dana Dauzat

From: Dana Dauzat
Sent: Thursday, October 01, 2015 1:54 PM
To: Dana Dauzat
Subject: CDC & BTG Briefs: Promoting Health Through Local School Wellness Policies

From: Shives, Jennifer - FNS [<mailto:Jennifer.Shives@fns.usda.gov>]
Sent: Thursday, September 24, 2015 11:15 AM
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Subject: CDC & BTG Briefs: Promoting Health Through Local School Wellness Policies

Thank you everyone in advance for sharing!

Bridging the Gap's (BTG) National Wellness Policy [Study briefs](#) highlight areas of opportunity for State agencies, school districts, and schools to strengthen wellness policy components. And we hope that **CDC/USDA's [Putting Local School Wellness Policies into Action: Stories from School Districts and Schools](#)** will assist other schools and districts with implementing their district wellness policy.

These resources and more can also be found on our Healthier School Environment Resources [website](#), as well as the FNS wellness policy [website](#).

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CDC Healthy Schools

The Right Place for a Healthy Start



NEW Resource!

Promoting Health Through Local School Wellness Policies

Local school wellness policies ([wellness policies](#)) provide an opportunity to create a healthy school environment where students are [ready to learn](#).

CDC and the Robert Wood Johnson Foundation-supported [Bridging the Gap \(BTG\)](#) research program developed a [series of seven briefs](#) highlighting opportunities to support wellness policies through evidence-based strategies. These briefs provide an assessment of policies across school districts nationwide, related to seven wellness policy components.

State agencies, school districts, and schools can use these briefs to identify areas of opportunity to strengthen wellness policy components.

- [**Local School Wellness Policies: Where Do They Stand and What Can You Do?**](#)
- [**Supporting Quality Physical Education and Physical Activity in Schools**](#)
- [**Supporting Recess in Elementary Schools**](#)
- [**Creating Supportive School Nutrition Environments**](#)
- [**Improving Access to Drinking Water in Schools**](#)
- [**Marketing and Promotion of Foods and Beverages at School**](#)
- [**Addressing Weight Status Measurement in Schools**](#)



Take Action

Share this message through your networks and use the sample social media below to help spread the word.

- **State education and health agencies** can provide professional development and technical assistance to support schools and districts in strengthening wellness policy components.
- **Schools and districts** can implement the evidence-based recommendations in each of the briefs to meet the unique needs of each school.
- **Parents** can work with local school districts and schools in the development, implementation, and update of the local wellness policy.

Get the Word Out!



@CDCChronic NEW CDC and BTG Briefs-local wellness policies help create healthy schools! <http://ow.ly/ytZdu> #CDCHealthySchools



NEW CDC & BTG Briefs! 7 briefs about how local school wellness policies help create healthy schools – a place where students are ready to learn! <http://www.cdc.gov/healthyyouth/npao/wellness.htm>

Sign Up for CDC Healthy Schools Updates via email!



[Sign up](#) to receive email updates from CDC on new resources and information about Nutrition in Schools, Physical Activity and Physical Education in Schools, Asthma Management in Schools, Food Allergy Management in Schools, and Obesity Prevention in Schools.

Learn More

- [CDC Local School Wellness Policies](#)
- [CDC School Health Guidelines to Promote Healthy Eating and Physical Activity](#)
- [USDA Local Wellness Policy Resources](#)

National Center for Chronic Disease Prevention and Health Promotion
Division of Population Health | School Health Branch

www.cdc.gov/healthyyouth/npao
www.cdc.gov/bam

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