

Posted: 10/21/2016

To: School Food Authorities

Subject: SFS-17-08 Louisiana Cycle Menu Seasonality Wheel

In celebration of National Farm to School Month, the Louisiana Fitkids project has created the Louisiana Cycle Menu Seasonality Wheel. Discover what's in season throughout the year by clicking on any month for seasonal fruits and vegetables, or click to see what is available all season.

The Seasonality Wheel may be viewed by accessing the Louisiana FitKids website @

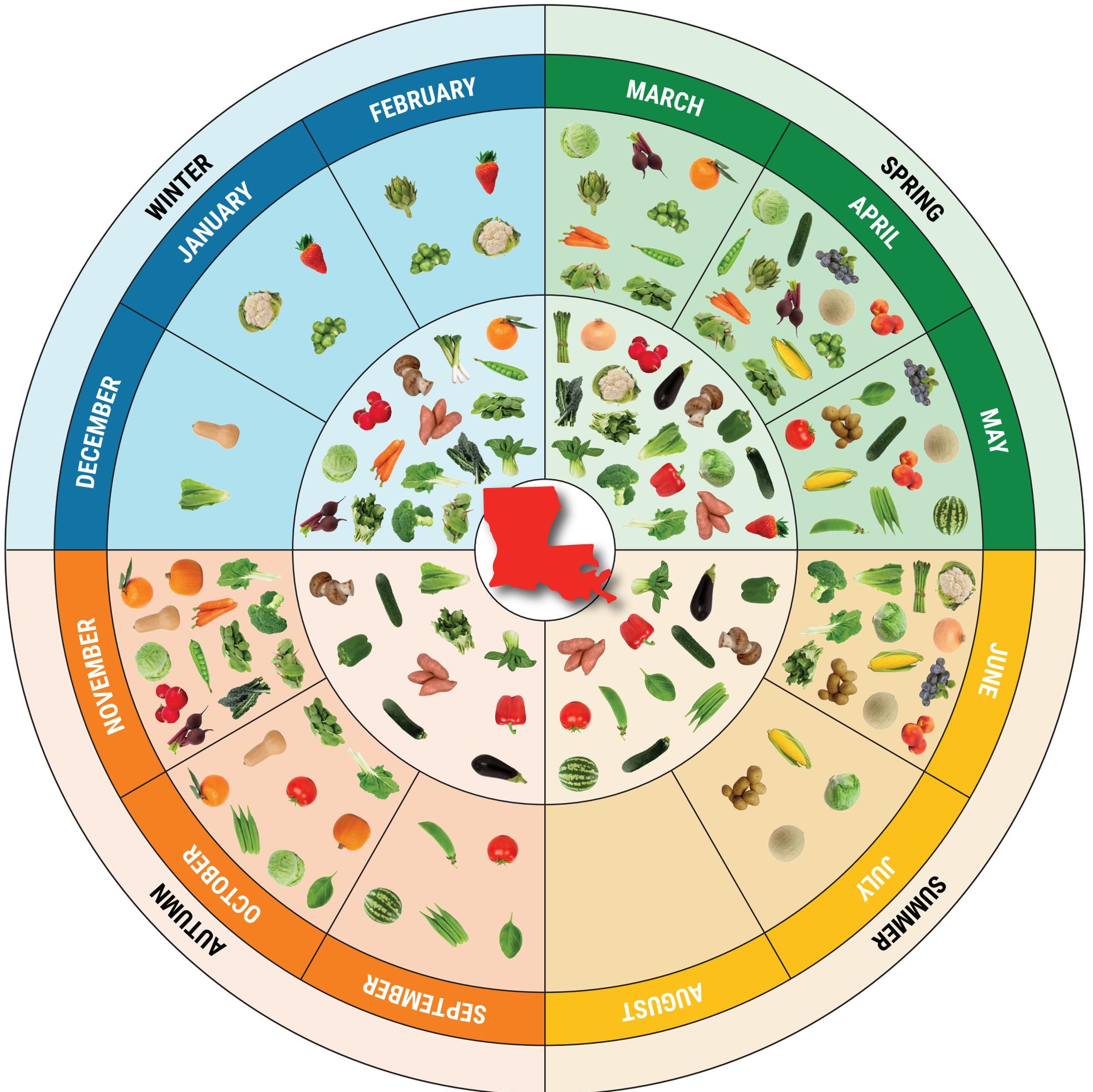
<https://www.louisianafitkids.com/FarmToSchool/SeasonalityWheel>

Attached to this memo is a pdf version of the seasonality wheel that may also be accessed on the Louisiana FitKids website.



Louisiana Seasonality Wheel

Discover what's in season throughout the year with the Louisiana Fit Kids Seasonality Wheel.
Help Louisiana kids enjoy a variety of fruits and vegetables!



Created for Louisiana Fit Kids at LSU's Pennington Biomedical Research Center.

Content was adapted from the LSU Ag Center's *Louisiana Grown Fruit and Vegetable Seasonality Chart* in collaboration with Louisiana Farm to School and the Louisiana Department of Agriculture and Forestry.

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