

Offer versus Serve (OVS) in School Meals



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Presentation Content

- Key concepts
- OVS overview
- OVS examples (for illustration only)

What is OVS?

- OVS is a strategy that:
 - Allows students to decline some food components or food items, and select foods they intend to eat
 - Reduces food waste and its impact on school food cost
- **Is mandatory in the NSLP for high schools only**
- Is optional in SBP (all grades) and NSLP-Seamless Summer Option
- Not allowed in NSLP snack service

Key OVS Concepts

- **Food components**
 - **NSLP:** Milk, Fruits, Vegetables, Grains, and Meat/Meat Alternate (M/MA)
 - **SBP:** Milk, Fruits, Grains
- Schools must offer the amounts specified in the meal patterns daily/weekly
- **Food item** is a specific food offered within each food component
 - Schools may offer **one food item** within a component
 - Grains: *Choose one* - bagel, cold cereal, or muffin
 - Schools may offer **multiple food items** within a component
 - Fruits: *Choose up to three* – ½ c peaches, fresh orange, apple, ½ c apple juice

OVS Success

- Offer all food components in the quantities specified in the meal patterns
- Indicate which food combinations the students may choose to select a reimbursable meal
 - Use signage to describe the reimbursable meal(s)
 - See examples of signage at Best Practices Sharing Center at <http://healthymeals.nal.usda.gov/best-practices>
- Train cashiers and inform them daily about the reimbursable meal combinations

OVS Overview

- **Under OVS, students may decline any food component, except part of the fruits or vegetables**
- **Students must select daily at least:**
 - **3 food components at lunch; 3 food items at breakfast, including:**
 - **½ cup of fruits or a vegetables (or a combination) at each meal**
 - **Student selects enough food for a nutritious meal**
- **Students must be allowed to select the full serving of fruits or vegetables, if desired**

OVS Overview

- Except for the fruits/vegetables, all food components or food items selected must be the full planned serving
- Meal selected by student with less than the required 3 components/items, or without $\frac{1}{2}$ cup fruits or vegetables is not reimbursable:
 - School may charge a la carte prices, or allow the student to take the meal for free (not claim it for reimbursement)
 - Notify households about such policy
- OVS does not affect the price a student pays for a paid/reduced-price school meal



OVS in School Breakfast Program (SBP)

OVS in SBP

School

- Must offer 3 food components daily
 - Milk
 - Fruits
 - Grains
- **Offer at least 4 food items** representing the above food components

Students

- Must **select at least 3 food items** including:
 - ½ cup of fruits (vegetables as substitute)



Milk Component

- Offer 1 cup of milk daily (fat-free; unflavored/low-fat)
 - Milk variety (two choices)
- Students may decline milk under OVS
- Water or other beverages may not be offered in place of milk
 - Specific non-dairy substitutes may be offered to students with special dietary needs

Fruits Component



- Fresh, canned, frozen, dried, 100% juice allowed
- If 100% juice is offered:
 - Limit to no more than half of the weekly fruits offering
- If vegetables are offered in place of fruits:
 - First 2 cups must be from dark green, red/orange, legumes, or from “other vegetables” subgroup

Fruits Component

- **Students must select at least $\frac{1}{2}$ cup of fruits (vegetables) daily under OVS**
- Fruits in smoothies can be credited



Grains Component

- Minimum daily and weekly requirements
- All grains offered must be whole grain-rich (50% whole grains)
- Students may decline grains under OVS



Grains Crediting in SBP/OVS



- For flexibility, menu planners may choose to count a 2 oz. eq. muffin as 1 or 2 food items
- 1.5 oz eq of cornbread would count as 1 grain item
- A grains item selected under OVS must be at least 1 oz eq.

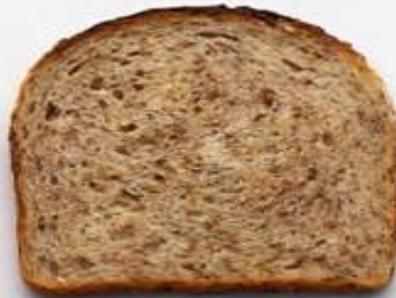
Sample SBP Menu with 5 Food Items

Menu	Crediting	Food Items
Cereal	1 oz. eq. grain	1 grain item
Whole Grain Toast	1 oz. eq. grain	1 grain item
Fruit Cocktail	½ cup fruit	1 fruit item
Apple	½ c fruit	1 fruit item
Variety of Low Fat/Fat Free Milk	1 cup	1 milk item

THE OFFER



MEAL OR NO MEAL?



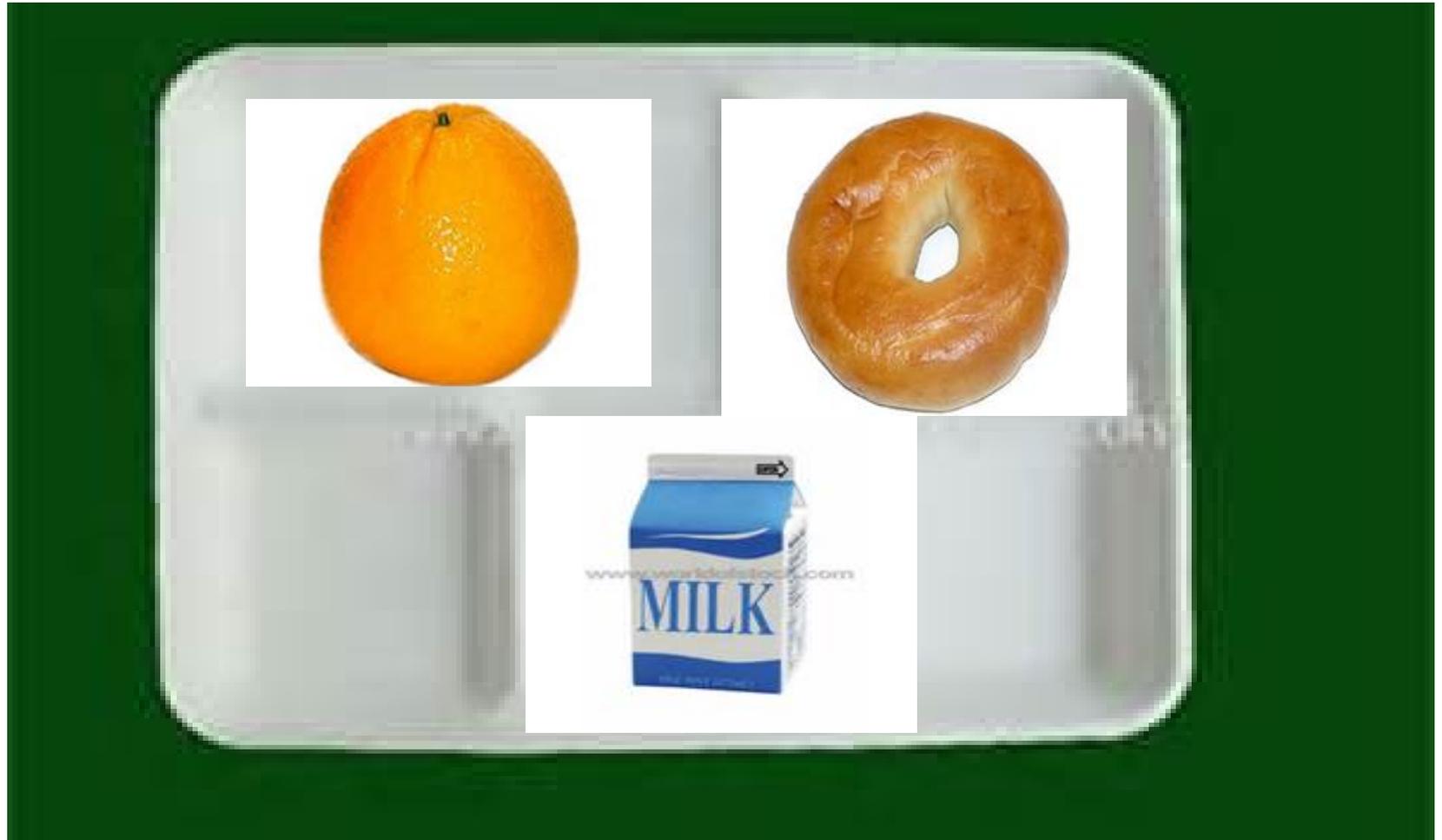
YES! (3 of 5 items selected)



Sample SBP Menu with 4 Food Items

Menu	Crediting	Food items
Whole Wheat Bagel	2 oz. eq. grain	2 grain items
Large Fresh Orange	1 cup fruit	1 fruit item
Variety of Low Fat/Fat Free Milk	1 cup	1 milk item

THE OFFER



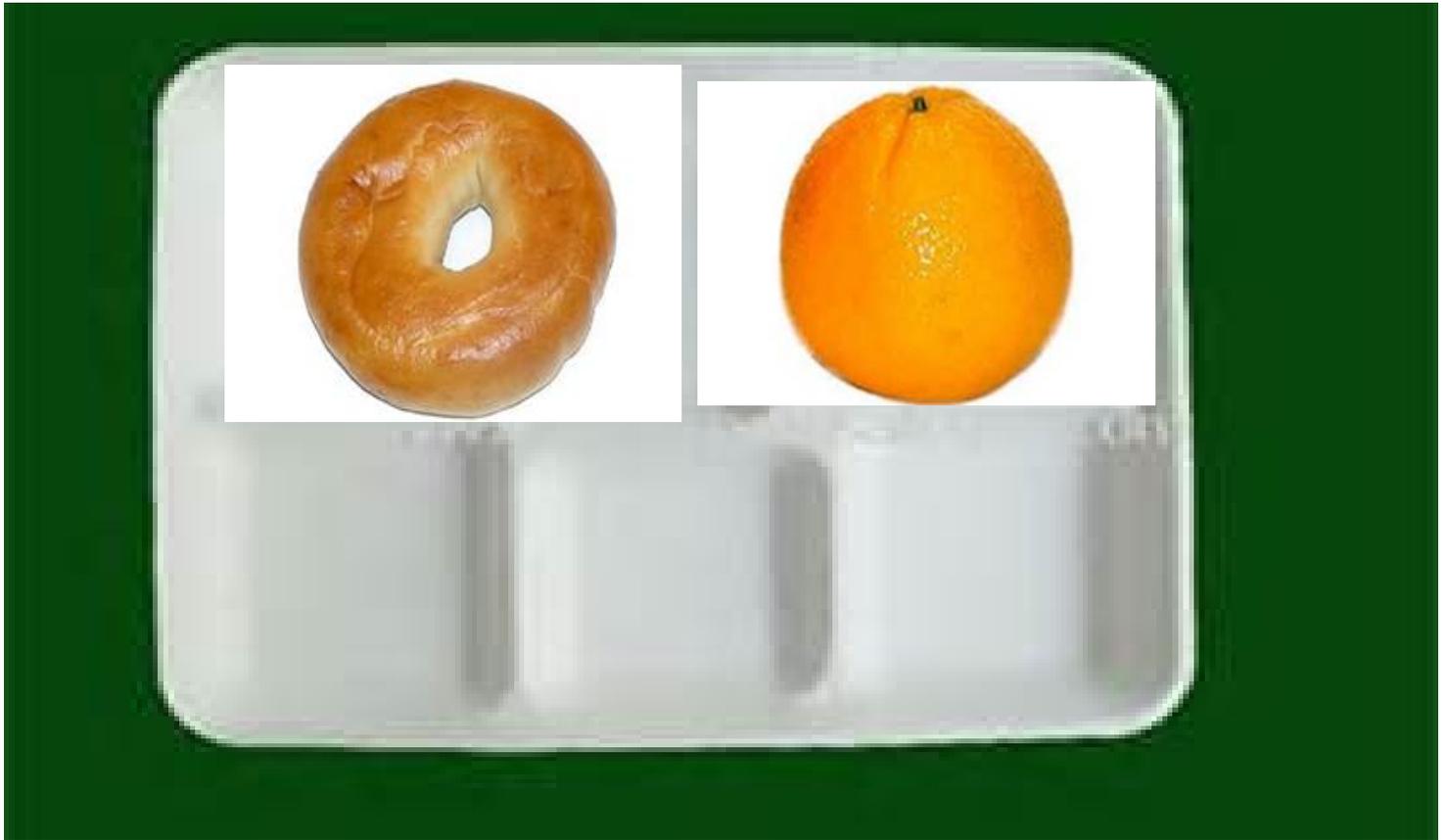
MEAL OR NO MEAL?



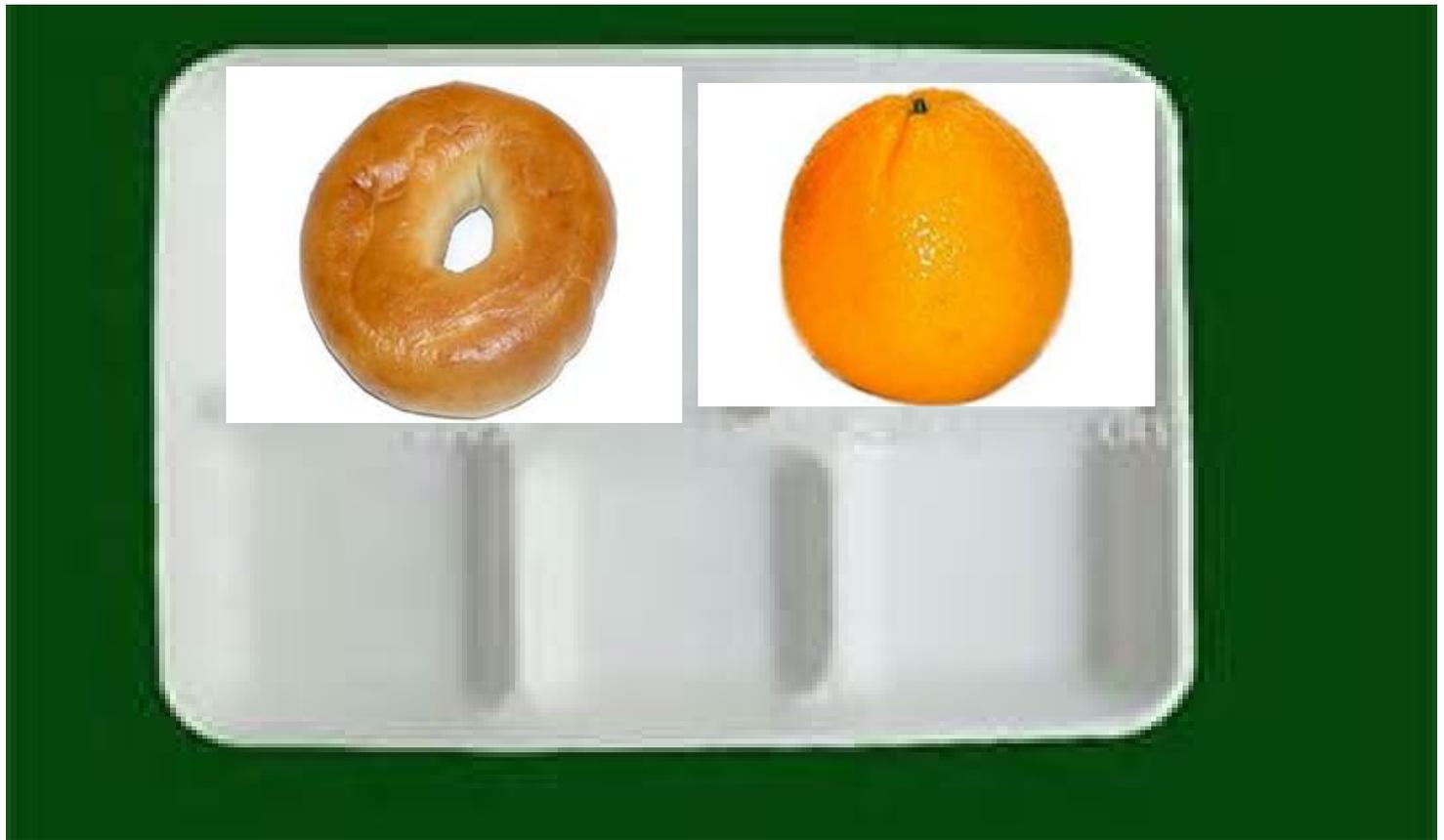
NO! (fruit is missing)



MEAL OR NO MEAL?



YES! (3 of 4 food items selected)



Meat/Meat Alternates (M/MA) in Place of Grains at Breakfast

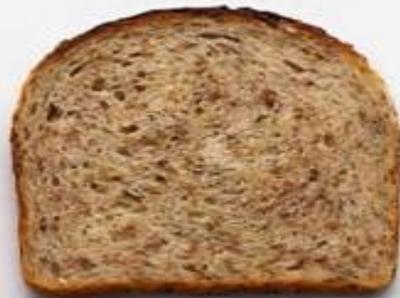
- M/MA may be offered in place of grains and counts as an item for OVS
 - School must also offer 1 oz. eq. grains daily
- M/MA offered as an “extra item” (in addition to the reimbursable meal) does not count as an item for OVS
 - Must count the “extra item” toward the dietary specifications



Sample SBP Menu with 4 Food Items and a M/MA Counted as a Grain Item

Menu	Crediting	Food items
Scrambled Egg	1 oz. eq. meat alternate	1 grains item
Whole Grain Toast	1 oz. eq. grains	1 grains item
Large Apple	1 cup fruit	1 fruit item
Variety of Low Fat/Fat Free Milk	1 cup	1 milk item

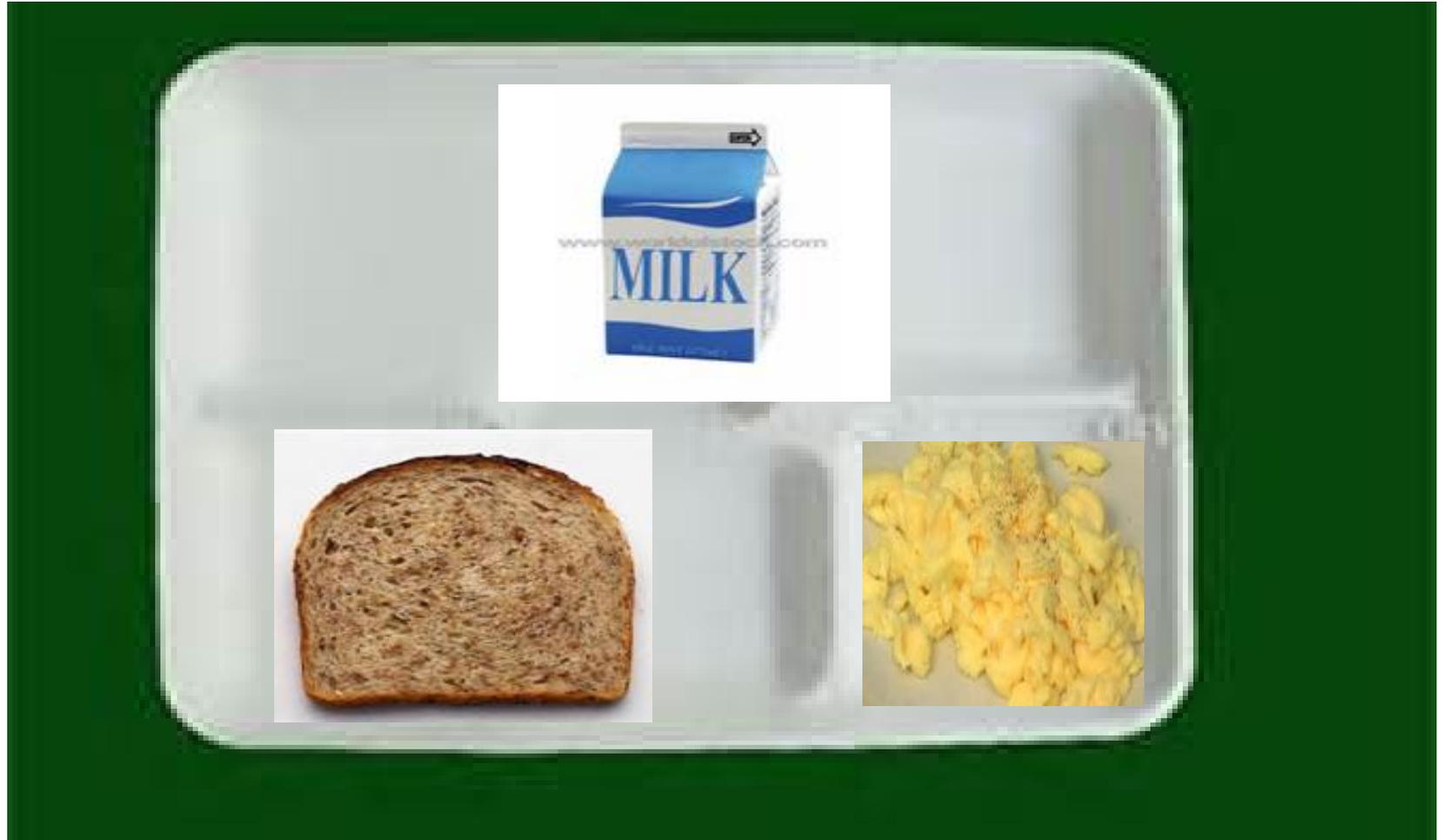
THE OFFER



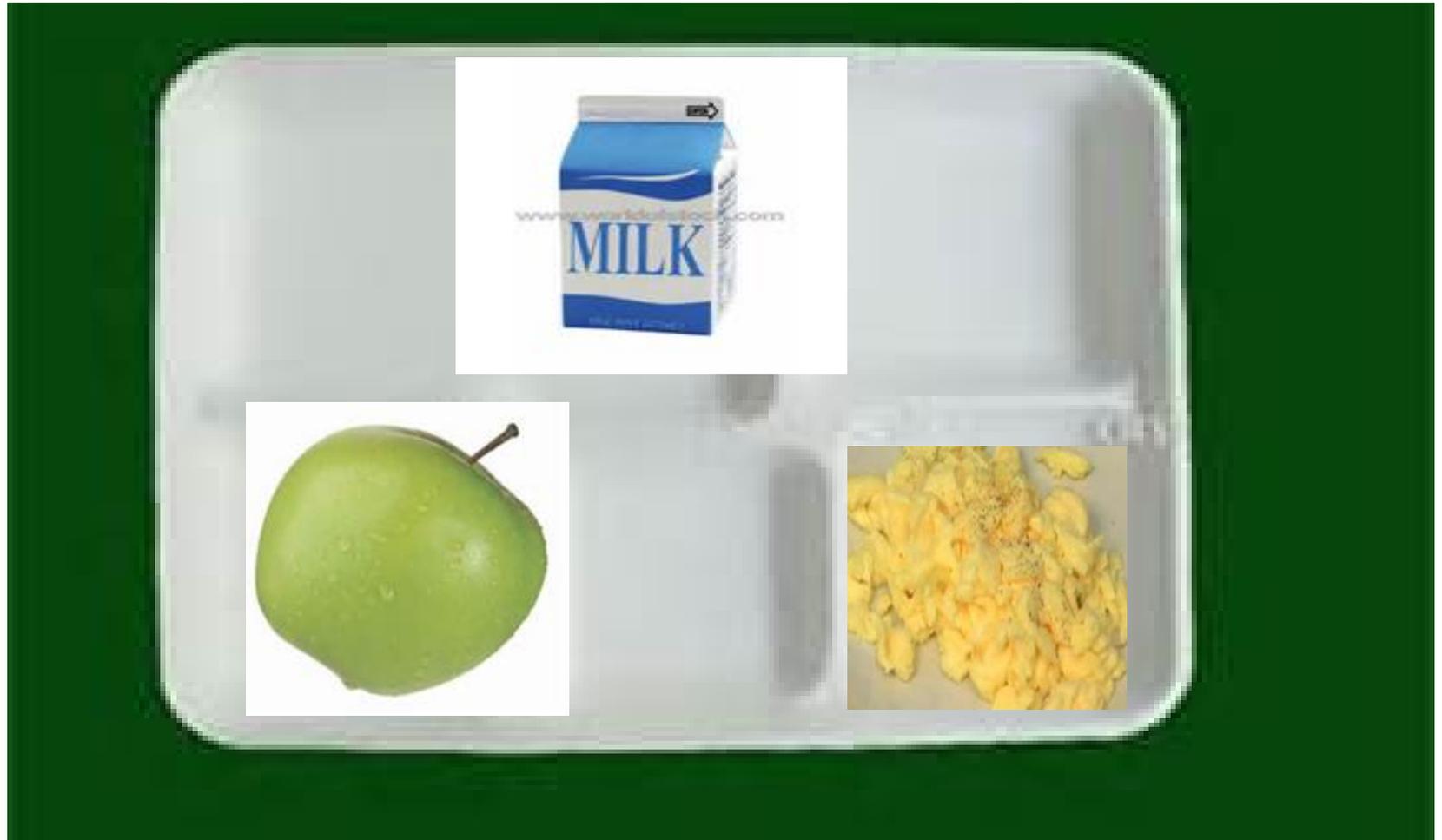
MEAL OR NO MEAL?



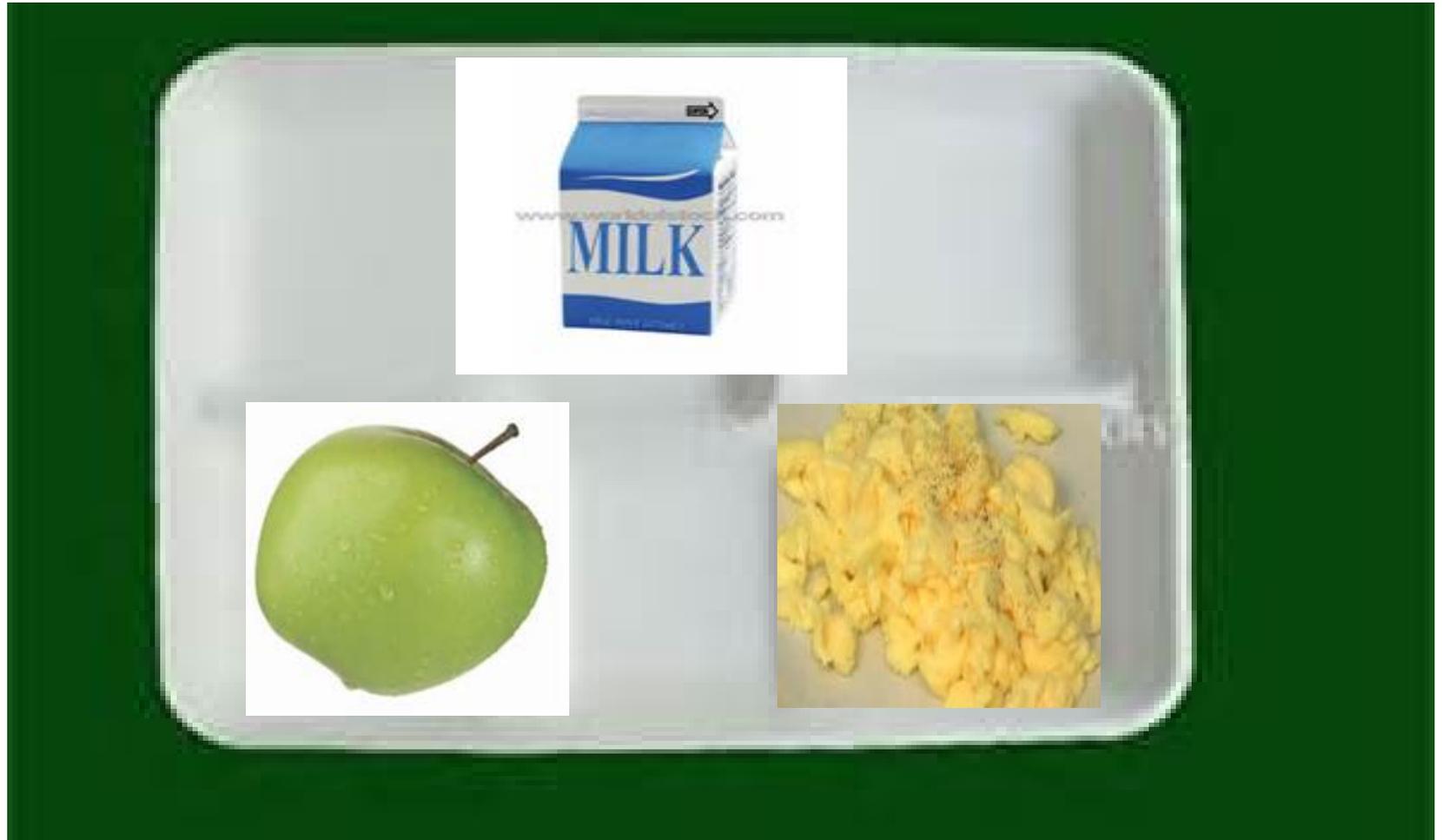
NO! (3 items selected but fruit is missing)



MEAL OR NO MEAL?



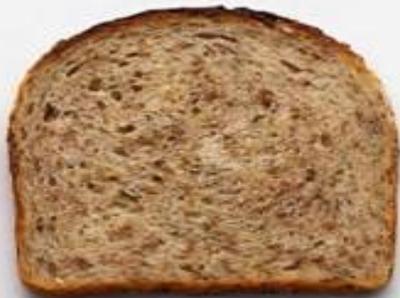
YES! (3 of 4 items selected, including fruit)



Sample SBP Menu with 4 Food Items and a M/MA as “Extra” Item

Menu	Crediting	Food Items
Large Boiled Egg	2 oz. eq. M/MA	<i>Extra food item</i>
Whole Grain Toast	1 oz. eq. grains	1 grains item
Large Apple	1 cup fruit	1 fruit item
Orange Juice	½ cup fruit	1 fruit item
Variety of Low Fat/Fat Free Milk	1 cup	1 milk item

THE OFFER

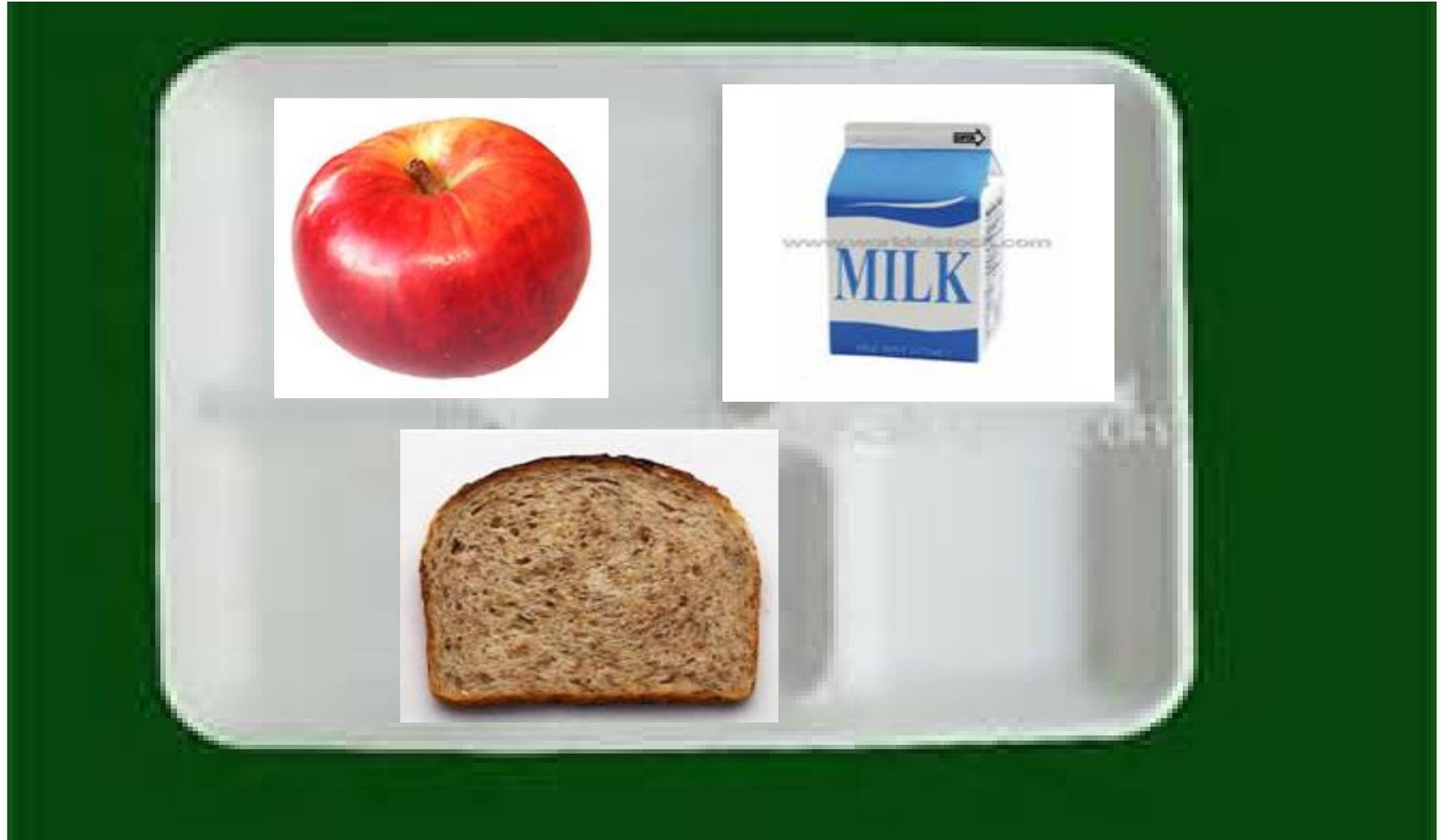


Extra

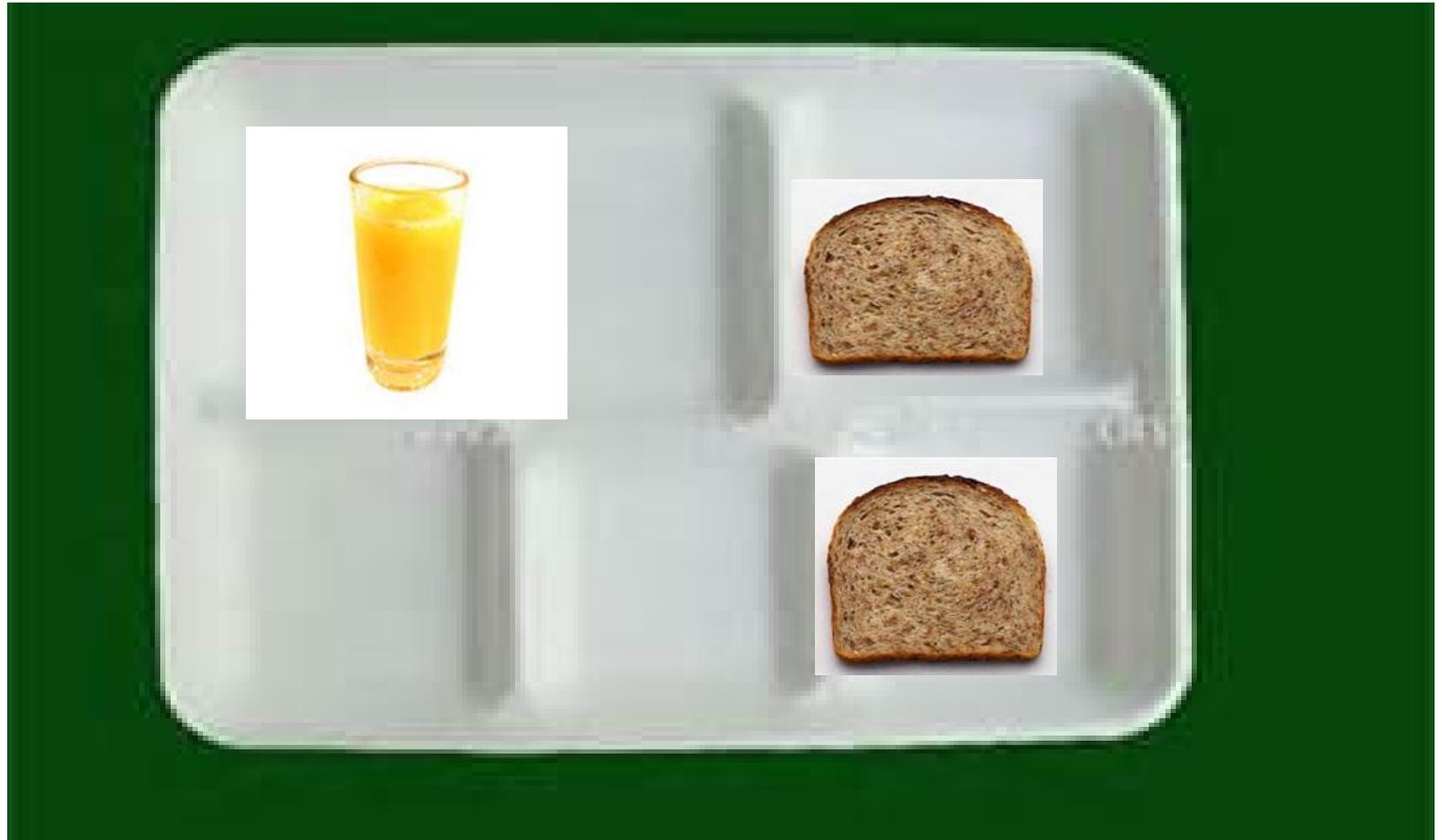
MEAL OR NO MEAL?



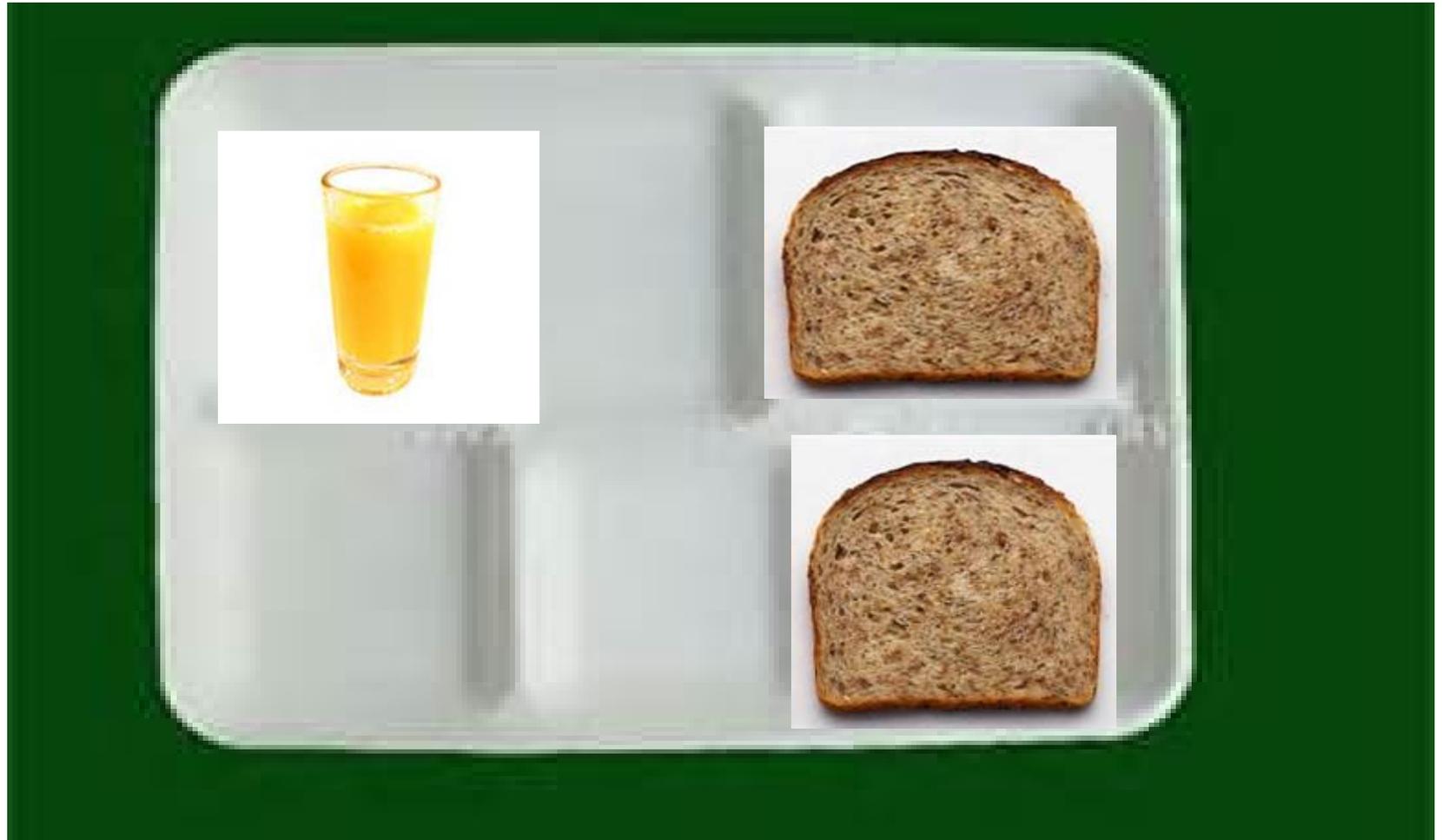
YES! (3 of 4 items selected, including fruit)



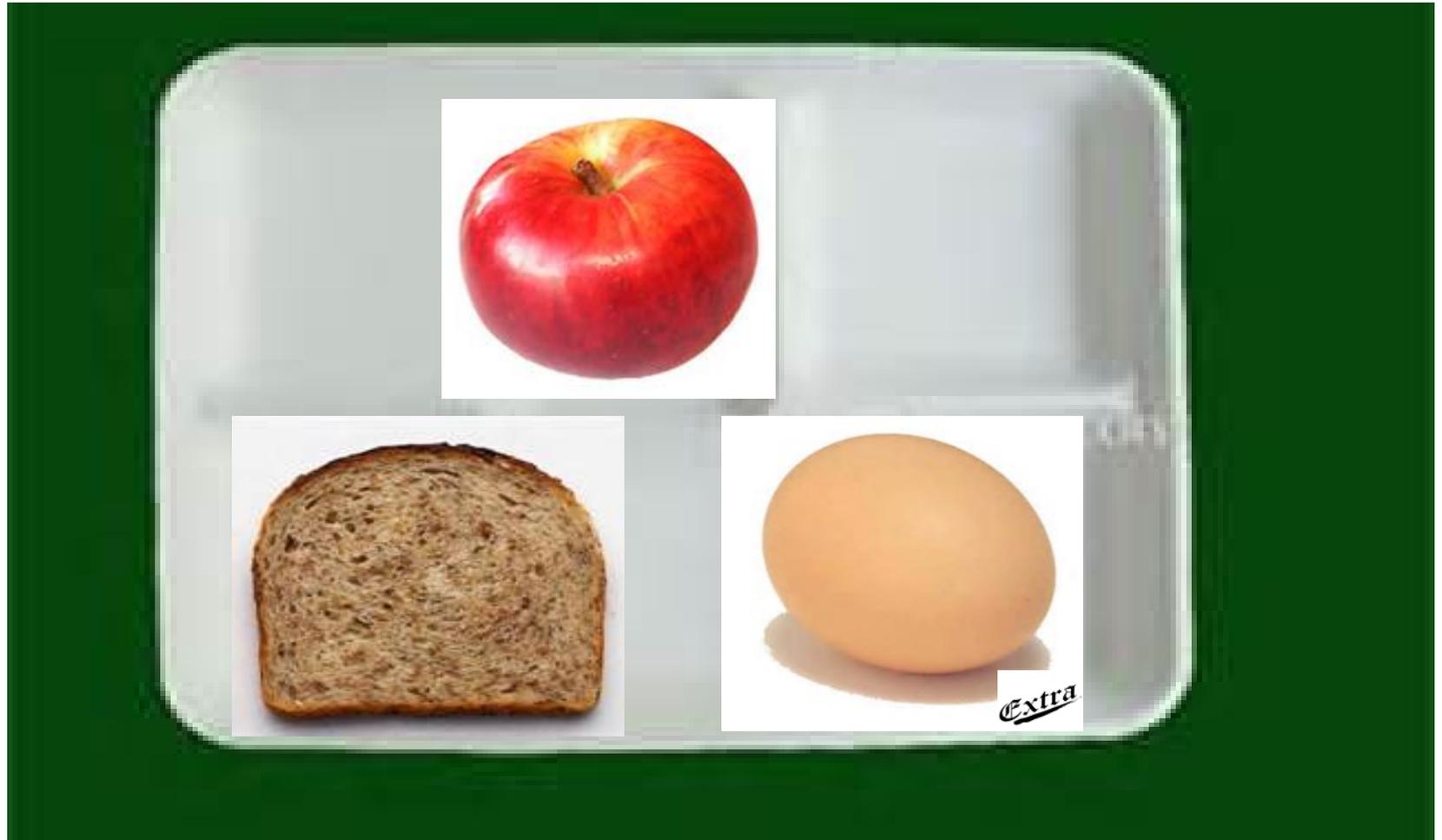
MEAL OR NO MEAL?



YES! (3 of 5 items selected, including fruit)

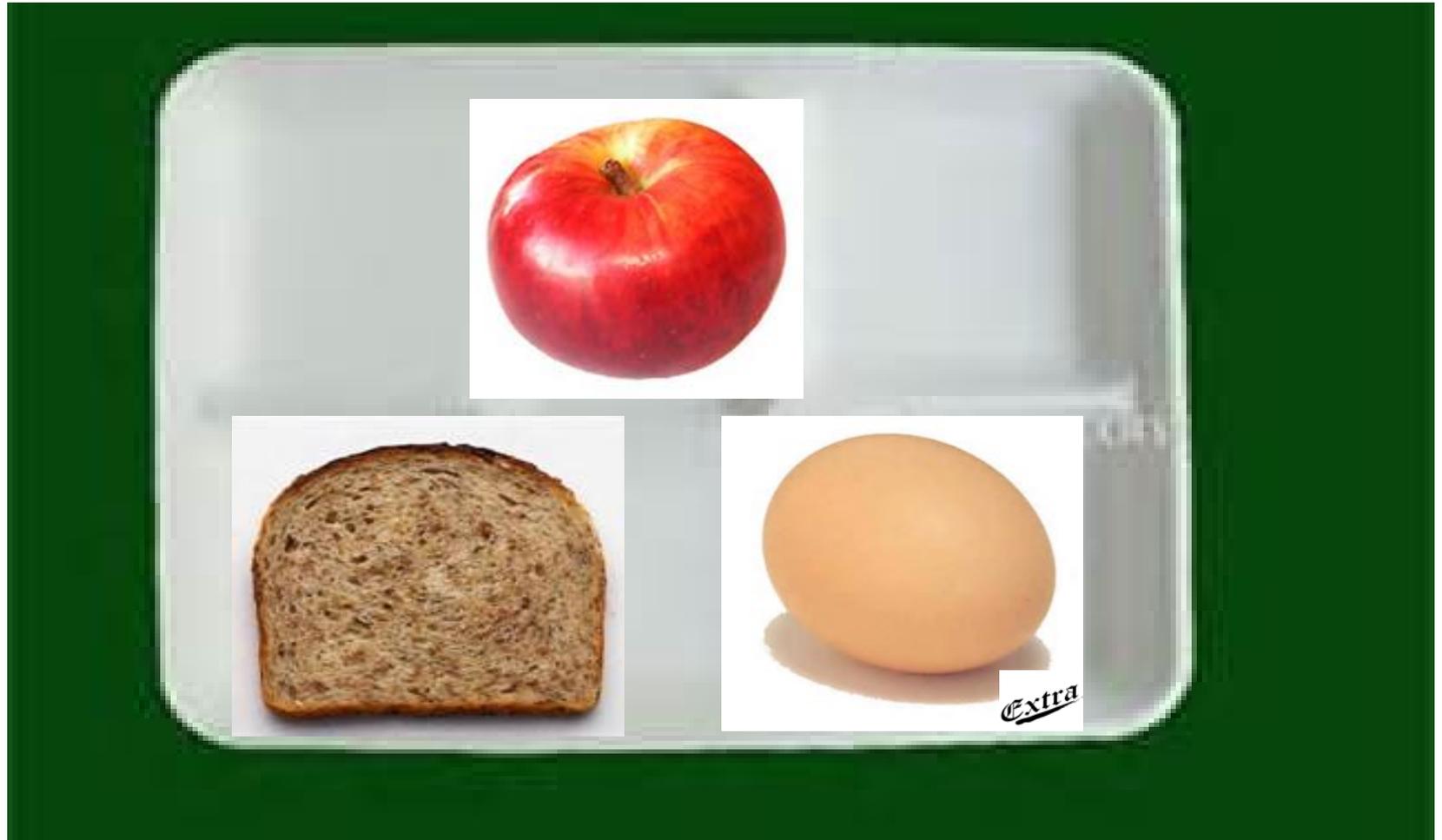


MEAL OR NO MEAL?



NO!

(Need a 3rd item; egg is “extra”)



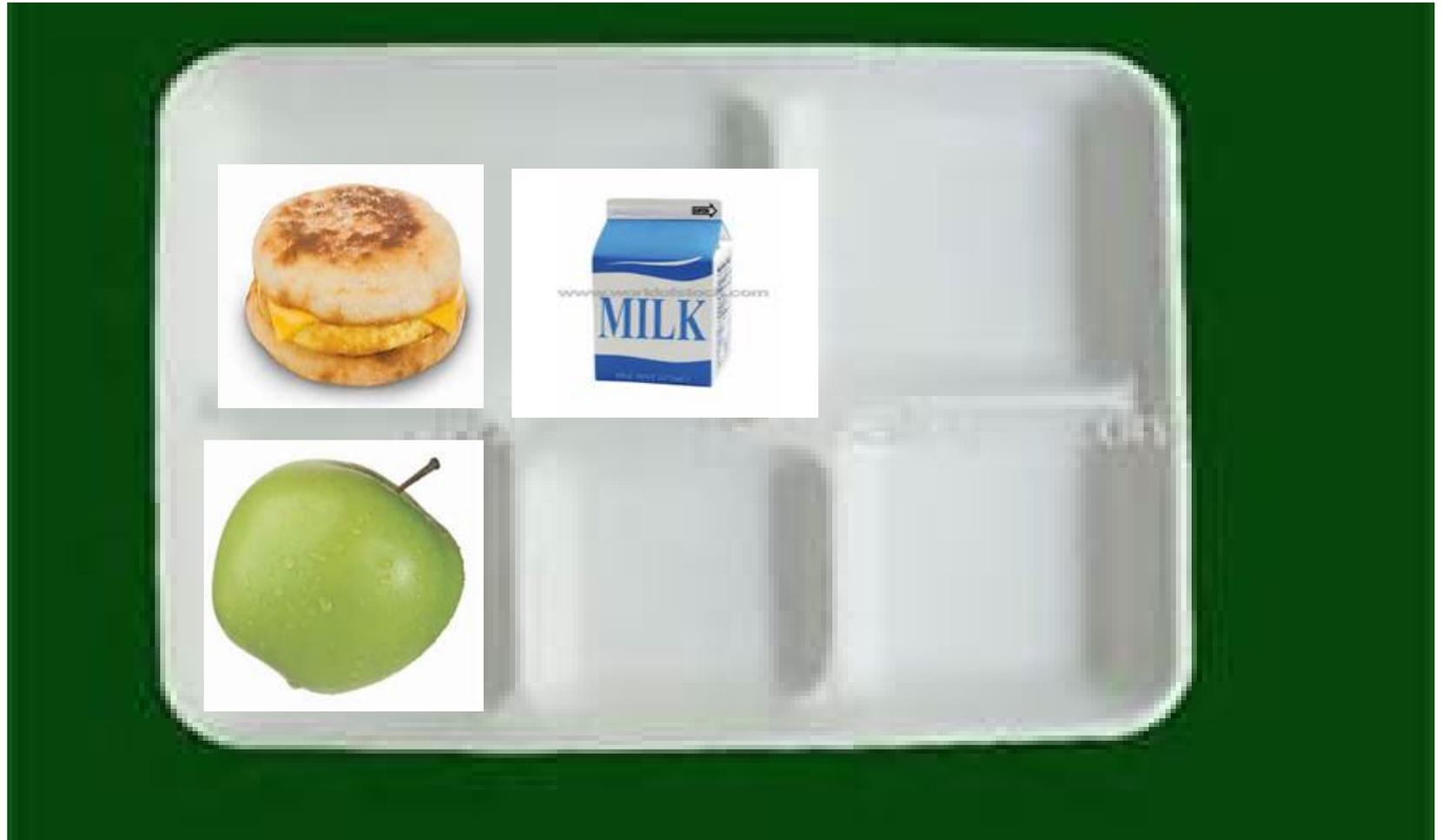
Grains & M/MA Combination Items in SBP/OVS

- IF counting the M/MA as grains, the combo may count as two grains items
- Milk and fruit must also be offered
- If not counting the M/MA, the combo is one grains item
- Three additional food items must be offered

Sample SBP Menu with 4 Food Items, including a Grains & M/MA Combination Item

Menu	Crediting	Food Items
Egg Sandwich on an English Muffin	1 oz. eq. grains from bread 1 oz. M/MA from egg	2 grains food items (M/MA counts as grains)
Large Apple	1 cup fruit	1 fruit item
Variety of Low Fat/Fat Free Milk	1 cup	1 milk item

THE OFFER (4 food items)



MEAL OR NO MEAL?



NO!(only 2 food items selected)





OVS in National School Lunch Program (NSLP)

OVS in NSLP

School

- Must **offer 5 food components** daily
 - Milk
 - Fruits
 - Vegetables
 - Grains
 - M/MA

Students

- Must select at least 3 food components, including:
 - $\frac{1}{2}$ **cup of fruits or vegetables**

Vegetables Component in NSLP

- Daily minimum requirement
- Weekly variety requirement (5 subgroups):
 - Red/orange (carrots, tomatoes, sweet potatoes)
 - Dark green (romaine, spinach, broccoli)
 - Legumes/beans/peas (kidney beans, chickpeas)
 - Starchy (white potatoes, corn, green peas)
 - “Other” (cucumbers, celery, mushrooms)

Meats/Meat Alternates in NSLP

- Daily and weekly minimums requirements
- Operators may offer a wide variety of products
 - Lean meats and poultry, eggs, fish
 - Low-fat cheeses, yogurt, beans, nuts and seeds
 - Tofu and soy yogurt now creditable
- Students may decline M/MA under OVS

Sample NSLP Menu with 5 Food Components (Grades K-5)

Menu	Crediting	Food Component
Bun (Whole Grain-Rich)	1 oz. eq. grains	Grains
Breaded Chicken Nuggets	1 oz. eq. meat; .25 oz. eq. grains	Meat Grains
Peaches <u>or</u> Grapes	½ cup fruit each	Fruit
Raw Vegetables	¾ cup veggies	Vegetables
Milk	1 cup	Milk

THE OFFER



MEAL OR NO MEAL?



YES! (3 food components)



MEAL OR NO MEAL?



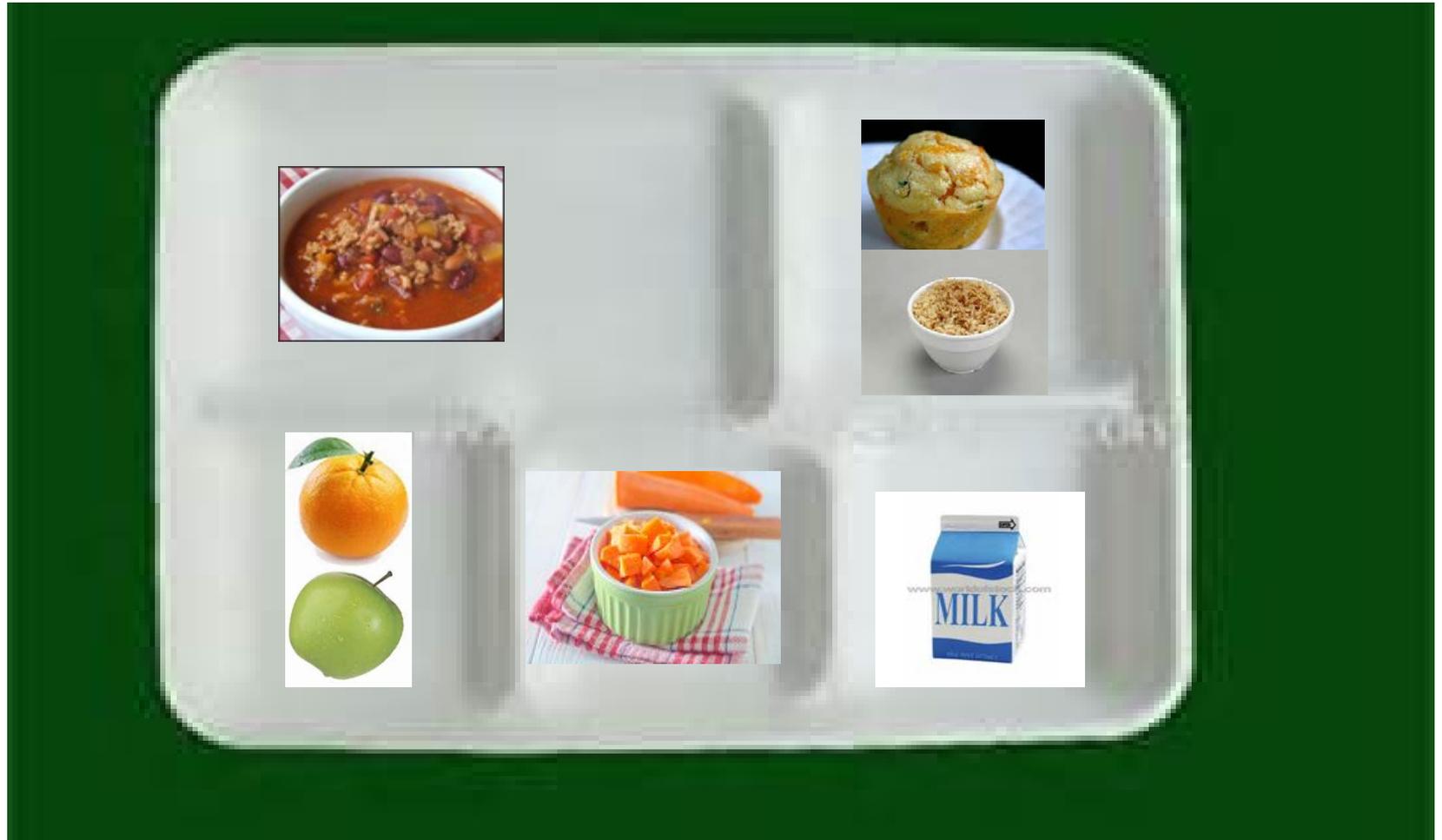
NO! (1/2 cup fruit/vegetable missing)



Sample NSLP Menu with 5 Food Component (Grades 6-8)

Menu	Crediting	Food Component
Brown Rice or Cornbread	1 oz. eq. grain	Grains
Orange or Apple	½ cup fruit each	Fruit
Cooked Carrots	¾ cup vegetables	Vegetables
Turkey/Beans Chili	1 oz. meat; ½ cup legumes	Meat Vegetables
Milk	1 cup	Milk

THE OFFER



MEAL OR NO MEAL?



YES! (1/2 cup vegetables selected)



MEAL OR NO MEAL?



YES! (3 food components selected)



Sample NSLP Menu with 5 Food Components (Grades 9-12)

Menu	Crediting	Food Component
Spaghetti with Meat Sauce	2 oz. eq. meat 2 oz. eq. grains	Meat & Grains
Hummus with Raw Veggies & Bun	2 oz. eq. MA 1 cup vegetables 2 oz. eq. grains	MA, Vegetables & Grains
Slice of Vegetable Pizza	2 oz. eq. grains 1 oz. eq. MA ¼ cup vegetable	Grains M/MA Vegetables
Mixed Salad Bowl	1 cup vegetables	Vegetables
Large Apple or Orange	1 cup fruit	Fruit
Milk	1 cup	Milk

THE OFFER



MEAL OR NO MEAL?



YES! (4 food components selected)



MEAL OR NO MEAL?



YES! (3 food components)



MEAL OR NO MEAL?



NO! (needs $\frac{1}{2}$ c fruit or vegetables)



MEAL OR NO MEAL?



NO! (needs a 3rd food component)



MEAL OR NO MEAL?



YES! (3 food components)



Technical Assistance Resources from USDA

- *Offer Versus Serve* Guidance (SY 2015-16)
 - Available online <http://www.fns.usda.gov/school-meals/policy/all>
 - Best Practices Sharing Center
 - SFAs and States can share resources and tools they use <http://healthymeals.nal.usda.gov/bestpractices>

OVS and Smarter Lunchrooms

- Smarter Lunchrooms strategies:
 - Range from simple, low-cost/no-cost to major cafeteria redesigns
 - Give creative and appealing names to menu items
 - Display whole fruit in an attractive bowl/basket
 - Use signs, verbal cues to encourage students to select a fruit or vegetable
- ▶ <http://www.ben.cornell.edu/>
- ▶ <http://smarterlunchrooms.org/>



Sample OVS Resources from Kansas

KSDE Developed Resources

- OVS Quick Train Modules: Presentation Slides and Notes for Training staff
 - Is This Meal Reimbursable-Lunch?
 - Is This Meal Reimbursable- Breakfast
- Letter to Students Explaining OVS
- Mini Reimbursable Meal Poster
- Healthy Kansas Plate Poster

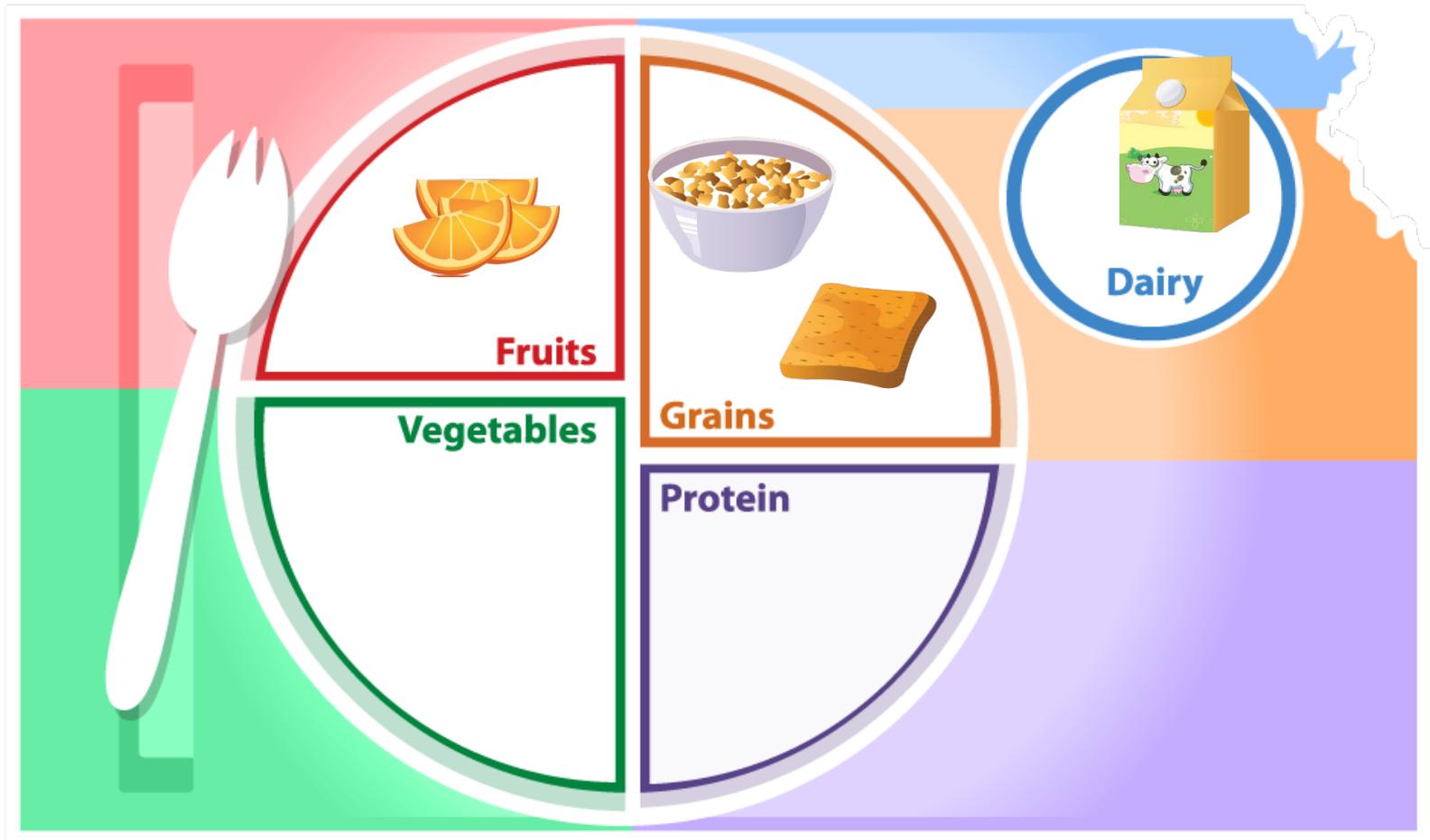
You may select 3, 4, or all 5
Component Food Groups for lunch.

Meat (Protein), Grain, Fruit,
Vegetable, Milk

One selection ***must*** be ½ cup fruit
or vegetable or a combination of the
two to make ½ cup.

Located at www.kn-eat.org, School Nutrition Programs, Guidance, Menu Planning

Healthy Kansas Plate Poster



School Developed Resources

- USD 259 Wichita

September 2014

High School Menus and Information

Lunch

"Offer" increases your choice in student meals. Every lunch is planned to include all five food components: 1. Fruit 2. Vegetable 3. Protein 4. Grains 5. Milk

The food components for each meal will be posted at the beginning of each serving line. You are encouraged to take all the foods offered; however, you may decline up to two (2) food components. Whether you take 3, 4, or 5 of the food components, the meal is the same price.

"Offer" allows you to build a healthy meal by selecting 3 to 5 different food components. One of those food components must be fruits, vegetables or a combination of both.

STEP 1: Choose ½ cup of fruits, vegetables or a combination of both.
STEP 2: Choose 2 or more of the following:

- Full Serving of Fruit – K-8 (1/2 cup) and 9-12 (1 cup)
- Full Serving of Vegetables – K-8 (3/4 cup) and 9-12 (1 cup)
- Grains
- Protein
- Milk

Example Menu:
Hamburger on a Bun (Protein and Grains)
Broccoli (Vegetable)
Grapes (Fruit)
Milk (Milk)

You can take all five food items (hamburger, bun, broccoli, grapes and milk)
OR

STEP 1: Choose ½ cup of broccoli or ½ cup grapes or ½ cup each broccoli and grapes
STEP 2: Choose 2, 3 or 4 full servings of different food groups:

- Hamburger on Bun (protein, grains) or
- Full serving of Grapes and Milk (fruit and milk) or
- Hamburger on Bun and Milk (protein, grains, milk) or
- Hamburger on Bun, Broccoli and Milk (protein, grains, vegetable, milk)

The choice is up to you; just be sure to choose the ½ cup fruit or vegetable and 2, 3, or 4 full servings from the 5 food groups. Check the menu daily so you will know which items in the school lunch you want to eat.

School meals meet federal nutrition standards and give you the fuel you need to stay healthy and active.

Breakfast

Every breakfast is planned to include three food components: 1. Fruit/Vegetable 2. Grains (with optional Protein) 3. Milk. At least four food items will be offered daily.

The food components for each breakfast will be posted at the beginning of each serving line. You are encouraged to take all the foods offered. You must take at least 3 items; one of those must be a fruit or juice. Whether you take 3 items or more, the meal is the same price.

"Offer" allows you to choose 3 or more food items you would like to take to build a healthy reimbursable meal.

Choose 3 or more of the following components:

1. Full Serving of Fruit/Juice – K-12 (1/2 cup)
2. Grains or optional protein – K-12 (1 oz)
3. Milk – K-12 (1 cup)

Example Menu:
Cereal (grains) & String Cheese (protein) (2 items)
Banana (fruit)
Orange Juice (fruit)
Milk (milk)

You can take all food items OR choose a combination of any 3 items; one of those must be a fruit or a juice.

Example Combinations:

- Cereal and String Cheese, Banana
- Cereal and String Cheese, Banana, Orange Juice, Milk
- Banana, Orange Juice, Milk

The choice is up to you; just be sure to choose the required items. Check the menu daily so you will know which items in the school breakfast you want to eat.

Helpful Information from our Office to Your Home

Nutrition Services Office
973-2160

Online Meal Benefits Application
Available at
www.nutrition.usd259.org

Prepay for School Meals Online or by phone
www.MyPaymentsPlus.com
1-866-736-9007

Nutrition Services
www.nutrition.usd259.org

Breakfast \$1.45
Reduced Breakfast \$.30
Visitor Breakfast \$1.95
Lunch \$2.35
Reduced Lunch \$.40
Visitor Lunch \$3.40
Extra Milk \$.35

Connecting
The Dots





Connecting The Dots



September 2014 Elementary School Menus

The five components for menu planning are:
● Grains ● Protein ● Fruit ● Vegetable ● Milk

Monday	Tuesday	Wednesday	Thursday	Friday								
Weekly Breakfast Options												
Select at least 3 items. One must be ● fruit or ● juice. The below breakfast options will be offered weekly on the day of the week listed. ● Juice, ● fruit and ● milk offered daily. Items with * have weekly alternating flavors.												
<ul style="list-style-type: none"> ●● Wacky Waffles* ● Start Your Day Cereal ●● Double Delicious Bar ● Fruity Yogurt 	<ul style="list-style-type: none"> ●● Sweet Fruit Strudel* ● Start Your Day Cereal ● Chocolate Chip Muffins 	<ul style="list-style-type: none"> ●● Glazed Breakfast Bun ● Start Your Day Cereal ● Apple Delight 	<ul style="list-style-type: none"> ●● Mini Cinnamon Rolls ● Start Your Day Cereal ●● Good Morning Bread* ● String Cheese 	<ul style="list-style-type: none"> ●● Scrumptious Crumb Cake ● Start Your Day Cereal ● Tasty Toaster Pastry 								
Lunch Options												
Select 3 to 5 components and one must be fruit or vegetable. Fruit and vegetable options are listed below and are served on the same day of the week each week. 1% and fat free flavored ● milk is offered daily. A full dot (●) represents a full component. A half dot (◐) represents a portion of a component. We cannot guarantee all menu choices will be available for all students.												
1 Labor Day Holiday	2 District inservice day	3 <ul style="list-style-type: none"> ●● Macho Nachos[^] ●● Bueno Burrito ●● Turkeywich** ● Spicy Beans ● Silly Sliced Peaches 	4 <ul style="list-style-type: none"> ●● Homemade Chili & Cinnamon Roll ●● Toasted Cheesewich[^] ●● Turkey, Crisp Greens & Cinnamon Roll 	5 <ul style="list-style-type: none"> ●● Pepperoni Pizza ●● Taco Ole & Cheese Crackers ●● Mediterranean Hummus Plate[^] 								
8 <ul style="list-style-type: none"> ●● Pulled BBQ Turkey on Bun ●● Breakfast for Lunch** ●● PBJ Bundle[^]** ● Brownie Cup 	9 <ul style="list-style-type: none"> ●● Li'l' Chicken Drumsticks ●● Li'l' Smokies™ ●● Pretzel Pack[^]** ● Soft Pretzel ● Cheesy Broccoli Bites 	10 <ul style="list-style-type: none"> ●● Egg & Cheese Bagel[^] ●● Green Chili Chicken Taco ●● Turkeywich** ● Refried Beans 	11 <ul style="list-style-type: none"> ●● Chicken Tortilla Soup & Tortilla Chips ●● Stuffed Cheese Breadstick[^] & Pizza Crackers ●● Turkey, Crisp Greens & Tortilla Chips 	12 <ul style="list-style-type: none"> ●● Pizza Pocket ●● Cheesy Fish Melt[^] ●● Hamwich[^]** 								
15 <ul style="list-style-type: none"> ●● BBQ Ribetter™ on Bun ●● Sweet & Sour Chicken over Jazzy Fried Rice ●● PBJ Bundle[^]** ● Chocolate Chip Cookie 	16 <ul style="list-style-type: none"> ●● Chicken Nuggets & Hearty Grain Roll ●● Fiesta Taco Burger ●● Pretzel Pack[^]** ● Cheesy Broccoli Bites 	17 <ul style="list-style-type: none"> ●● Creamy Cheesy Mac[^] & Cheese Crisps ●● Grilled Chicken on Bun ●● Turkeywich** ● Blazin' Baked Beans 	18 <ul style="list-style-type: none"> ●● Alfredo Chicken Pasta & Alpha Cookies ●● Golden Fish Sticks[^] ●● Turkey, Crisp Greens & Herb Crackers 	19 <ul style="list-style-type: none"> ●● Cheese Pizza[^] ●● All American Burger ●● Hamwich[^]** 								
22 <ul style="list-style-type: none"> ●● Corny Corn Dog ●● Cheesy Garlic Boat[^] ●● PBJ Bundle[^]** ● Brownie Cup 	23 <ul style="list-style-type: none"> ●● Chicken Strips & Vanilla Grahams ●● Super Sloppy Joe ●● Pretzel Pack[^]** ●● Oven Roasted Potatoes 	24 <ul style="list-style-type: none"> ●● Macho Nachos[^] ●● KC BBQ Chicken Sandwich ●● Turkeywich** ●● Spicy Beans 	25 <ul style="list-style-type: none"> ●● Meaty Spaghetti & Herb Crackers ●● Cheesy Bean Burrito[^] ●● Turkey, Crisp Greens & Herb Crackers 	26 <ul style="list-style-type: none"> ●● Pepperoni Pizza ●● Ball Park Frank ●● Mediterranean Hummus Plate[^] 								
29 <ul style="list-style-type: none"> ●● Mamma Mia Rotini ●● Pigs in Pancakes™ ●● PBJ Bundle[^]** ● Chocolate Chip Cookie 	30 <ul style="list-style-type: none"> ●● Chicken Sticks & Hearty Grain Roll ●● Savory Chopped Steak & Hearty Grain Roll ●● Pretzel Pack[^]** ● Cheesy Broccoli Bites 	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <table border="0"> <tr> <td>Breakfast \$1.25</td> <td>Lunch \$2.05</td> </tr> <tr> <td>Reduced Breakfast \$.30</td> <td>Reduced Lunch \$.40</td> </tr> <tr> <td>Visitor Breakfast \$1.95</td> <td>Visitor Lunch \$3.40</td> </tr> <tr> <td>Extra Milk \$.35</td> <td></td> </tr> </table> </div>			Breakfast \$1.25	Lunch \$2.05	Reduced Breakfast \$.30	Reduced Lunch \$.40	Visitor Breakfast \$1.95	Visitor Lunch \$3.40	Extra Milk \$.35	
Breakfast \$1.25	Lunch \$2.05											
Reduced Breakfast \$.30	Reduced Lunch \$.40											
Visitor Breakfast \$1.95	Visitor Lunch \$3.40											
Extra Milk \$.35												
Daily Side Choices												
<ul style="list-style-type: none"> ● Crinkled Cooked Carrots ● Crispy Celery Sticks ● Happy Apple Slices ● Silly Sliced Peaches 	<ul style="list-style-type: none"> ● Hot Vegetable ● Cool As Cucumber Coins ● Banana-rama ● Pumped Up Pineapple 	<ul style="list-style-type: none"> ● Beans ● X-ray Vision Carrots ● Transforming Oranges ● Mixed Up Fruit 	<ul style="list-style-type: none"> ● Gallant Green Beans ● Crazy Cauliflower ● Radical Red Grapes ● Amusing Applesauce 	<ul style="list-style-type: none"> ● Corn of Champions ● Rockin' Broccoli ● Planetary Pears ● Trendy Tropical Fruit 								

**PBJ Bundle is a PBJ Sandwich & String Cheese

**Pretzel Pack is Yogurt, String Cheese & Soft Pretzel

**Turkeywich is Sliced Turkey on Bun

**Hamwich is Sliced Ham on Bun

[^]Vegetarian

[~]Pork

^{***}Menu Subject to Change

Now Hiring – Food Services
Apply Online at www.usd259.net - Careers

USDA is an equal opportunity provider and employer.

• Menu Boards – Satellite Schools

BREAKFAST

Make the Grade
with SCHOOL BREAKFAST

Select At Least 3 Food Items
One Must be a Fruit or Juice

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Wacky Waffles* Start Your Day Cereal Double Delicious Bar Fruity Yogurt Zippy Orange Juice Trendy Tropical Fruit Muscle Milk 	<ul style="list-style-type: none"> Sweet Fruit Strudel* Start Your Day Cereal Chocolate Chip Muffins Apple Cherry Juice Silly Sliced Peaches Muscle Milk 	<ul style="list-style-type: none"> Glazed Breakfast Bun Start Your Day Cereal Apple Delight Crazy Blend Fruit Juice Pumped Up Pineapple Muscle Milk 	<ul style="list-style-type: none"> Mini Cinnamon Rolls Start Your Day Cereal Good Morning Bread* String Cheese Awesome Apple Juice Mixed Up Fruit Muscle Milk 	<ul style="list-style-type: none"> Scrumptious Crumb Cake Start Your Day Cereal Tasty Toaster Pastry Orange Pineapple Juice Amusing Applesauce Muscle Milk

Today

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Crispy Chicken Sandwich Egghead Omelet^ PBJ Bundle^ Blueberry Bread Crinkled Cooked Carrots Crispy Celery Sticks Happy Apple Slices Silly Sliced Peaches Muscle Milk 	<ul style="list-style-type: none"> Chicken Nuggets & Sweet Cornbread Pretzel Pack^ Mashed Spuds & Gravy Cool As Cucumbers Coins Banana-rama Pumped Up Pineapple Muscle Milk 	<ul style="list-style-type: none"> Macho Nachos^ Bueno Burrito Turkeywich Spicy Beans X-ray Vision Carrots Transforming Oranges Mixed Up Fruit Muscle Milk 	<ul style="list-style-type: none"> Homemade Chili & Cinnamon Roll Toasted Cheesewich^ Turkey, Crisp Greens & Cinnamon Roll Gallant Green Beans Crazy Cauliflower Radical Red Grapes Amusing Applesauce Muscle Milk 	<ul style="list-style-type: none"> Pepperoni Pizza Taco Ole & Cheese Crackers Mediterranean Hummus Plate^ Corn of Champions Rockin' Broccoli Planetary Pears Trendy Tropical Fruit Muscle Milk

GET IN THE GAME with SCHOOL LUNCH

Select At Least 3 Food Groups
One Must be a Fruit or Vegetable

Connecting
The Dots



School Developed Resources

- USD 229 Blue Valley Signage & Meal Clings



BOSCO STICK WITH POPCORN CHICKEN



CHEESE QUESADILLAS



PIZZA



DELI SANDWICH



YOGURT & STRING CHEESE WITH A BLUEBERRY MUFFIN



UNCRUSTABLE SANDWICH WITH PRETZEL NUGGETS & STRING CHEESE



BLACK BEANS



STEAMED GREEN BEANS



TROPICAL MIXED FRUIT



HARVEST BAR



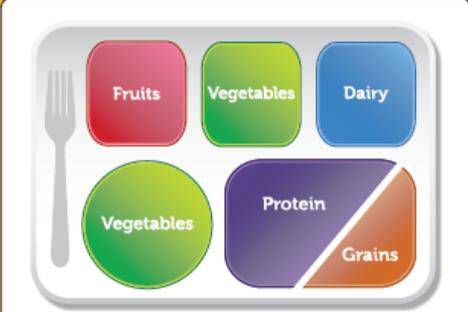
MILK OR  JUICE

MUST TAKE AT LEAST A ½ CUP SERVING OF  FRUIT AND/OR  VEGGIE PLUS TWO OTHER FOOD GROUPS TO MAKE A MEAL

School Developed Resources

- USD 232 DeSoto Meal Deals

Hot Lunch Meal Deal



What's on **MyTray** today?
www.usd232.org/nutrition

● ● ● ● ●

Pick at least 3 groups for a full meal

One choice must be full serving of
 ● fruit or ● vegetable

Choose as many sides as you'll eat

One milk & one juice included in price!



HOT LUNCH
daily dish

- Daily entree **meal deal**
(see menu)
- Round out your meal with the **Garden Bar**
milk + juice included!

Students: \$2.35 regular | \$0.40 reduced | \$0.00 free
 Adults: \$3.40 | Double entree: \$1.25 extra



SALAD BAR
farmers' market

- Build your salad on **paper tray** **meal deal**
- Select **TWO** protein cups
(additional protein cups = \$0.50 each)
- Choose a **grain** item
milk + juice included!

Students: \$2.35 regular | \$0.40 reduced | \$0.00 free
 Adults: \$3.40

Questions?

- Program Operators: please identify yourself and affiliation
- Media Representatives:

We are pleased that members of the media are interested in school meals and the information we are sharing in this session. Because the purpose of this session is to provide technical assistance to our school nutrition program operators and industry representatives, it is important that we focus our Question and Answer session on questions from those attendees. If there are questions from members of the media, we will be happy to talk to you after the session.